

Getting online guide

Step 1

Go here <https://sarahcollin.com/sarah/online/>

Step 2

Once you are on the online studio page on my website you will see this:

Register now!

You'll need to create an account to continue, or log in if you already have one. Creating an account is free, allows for secure checkout, and you won't be added to any mailing lists you're not already on.

Please make sure to review our [Terms & Conditions](#) before signing up.

[Log in to subscribe](#)

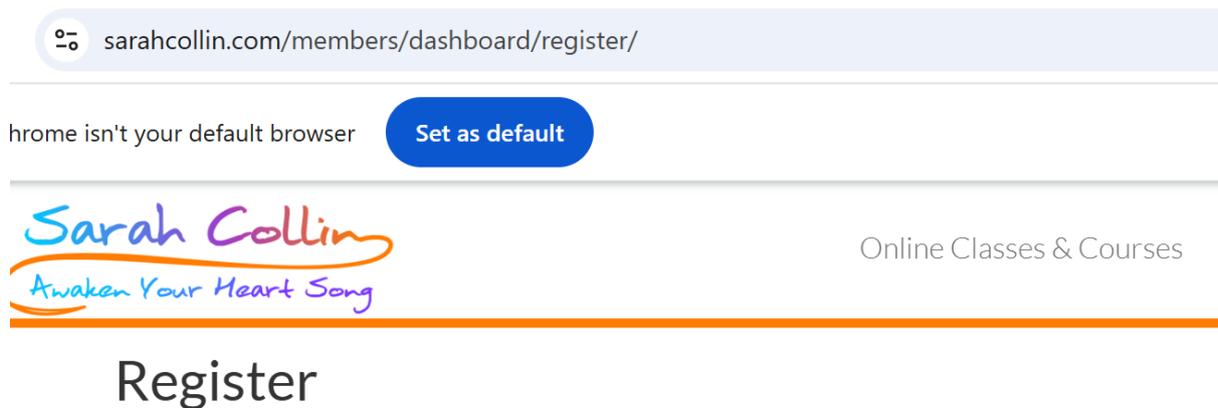
[Not a member yet? Register here](#)

Click on the last line that says "Not a member yet? Register here"

You will then see a page where you put in your name, username (you chose this), address, email, phone and password.

Click **Register**

Once you do that you should get a message similar to this:



Your registration has been successfully submitted. Thank you! [Go here to subscribe!](#)

Step 3

Now you click on the link on the last line that says
“Click here to continue setting up your membership!”
You will now see this:

Subscribe now!

Membership Type *

Individual - Connect

Individual - Practice

Organisation

Coupon

Total

\$0

Payment

Card number [Autofill link](#)

Powered by Stripe

[Purchase](#)

Step 4

Chose your membership type – in this case choose Individual – Connect
Once you choose that you'll get the option to choose annual or weekly so choose weekly.

Then you can fill in your credit/debit card details and click on **Purchase**

Step 5

You will now see this message:



Thank you very much for your subscription order, please check you email for my introduction or go to the [Dashboard](#) to see what your membership gives you.

From here click on Dashboard that appears in blue on the last line and it will take you to this:

Heart Song Online Studio

Quotes

awareness is like the sun. when it shines on things, they are transformed.
Thich Nhat Hanh

Featured Classes

- Yoga in Nature - Earth Sequence - 8 mins
- Yoga for men who can't bend - intro class - 60 mins
- Kapalbhati Breath - 8 mins - to clear your mind
- Yoga Class - 60 mins - EBR 3 & Four Directions
- Meditation - Blessing the Chakras - 26 mins

View all classes

Visit our discord server

Downloads

- 2025 Year Planner
- Ayurvedic Dosha Quiz
- Ayurvedic Mouth Care
- Challenge: Bharmari Breath
- Challenge: Meditation

View all downloads

Help

Message

Submit

This is your Connect Member dashboard. You have access to everything here now.

You will receive a daily email from me that introduces you to all the features of the online studio. Please check your junk/spam/promo/other folders if you don't see anything, and add me to your whitelist (save my email in your contacts and/or reply to the email and say hi).

You will need to remember your user name and password that have been emailed to you.

I suggest you save your log in details on whatever device you intend using so that you don't need to log in every time you want to use the platform.