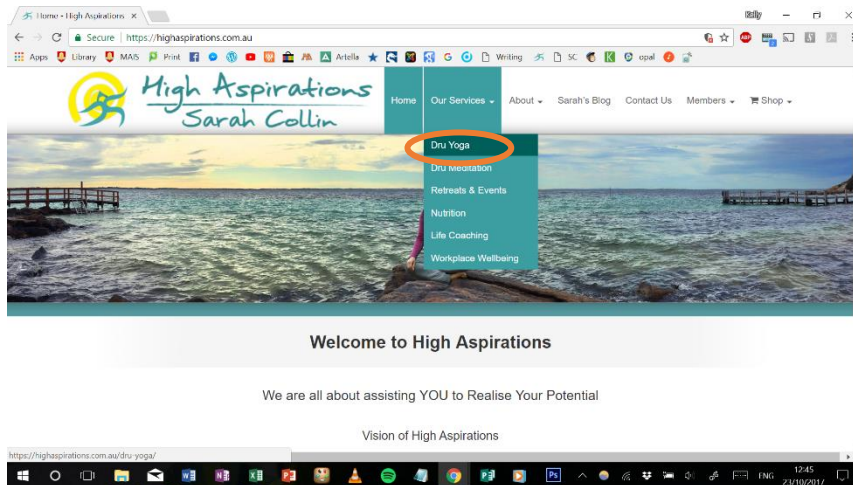


How to register for a High Aspirations yoga class:

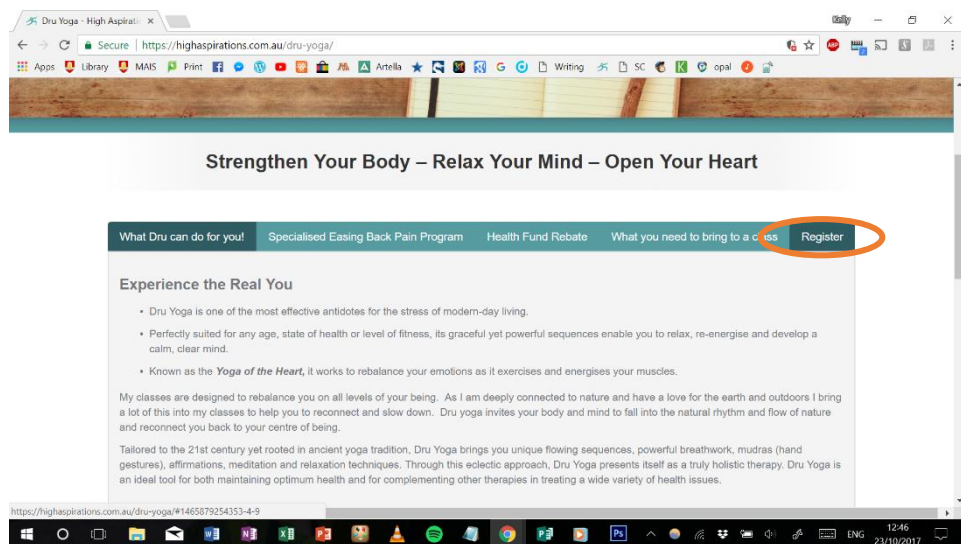
Go to highaspirations.com.au. Go there often. Send your friends there. Send your cat.



Hover like a creeper (creepy stalker) over “Our Services” until a drop down menu appears and select “Dru Yoga”. (Handy-dandy hint: This How-To-Guide will also work – roughly – for Dru Meditation and even Retreats & Events.)

That brings you to the page pictured below. Unless you clicked something else. Go back and try again.

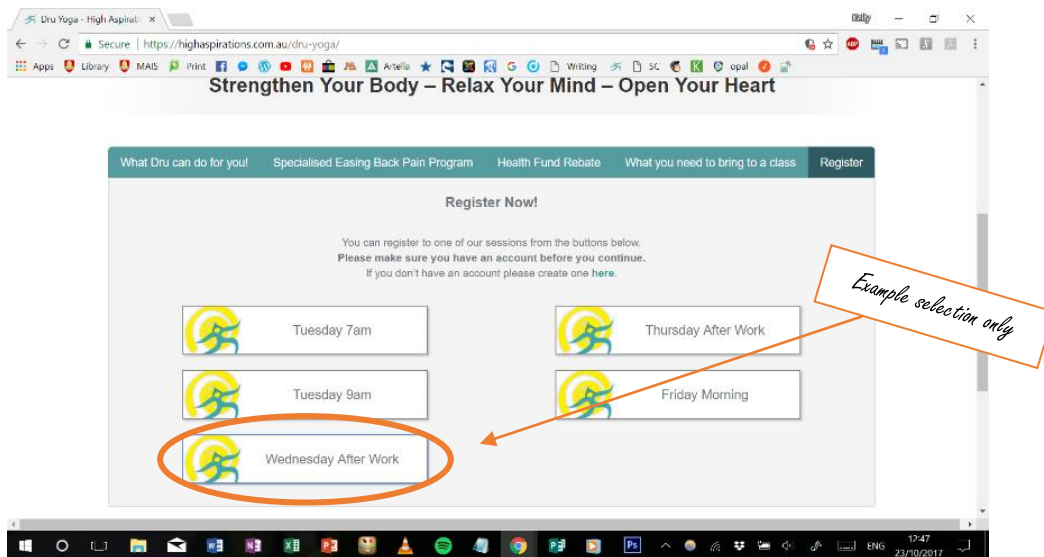
For the class timetable, scroll to the bottom of the page and click on too-small-to-read picture of the timetable to view it at a more suitable size. Or get a magnifying glass. However you want to do it. There are no rules here.



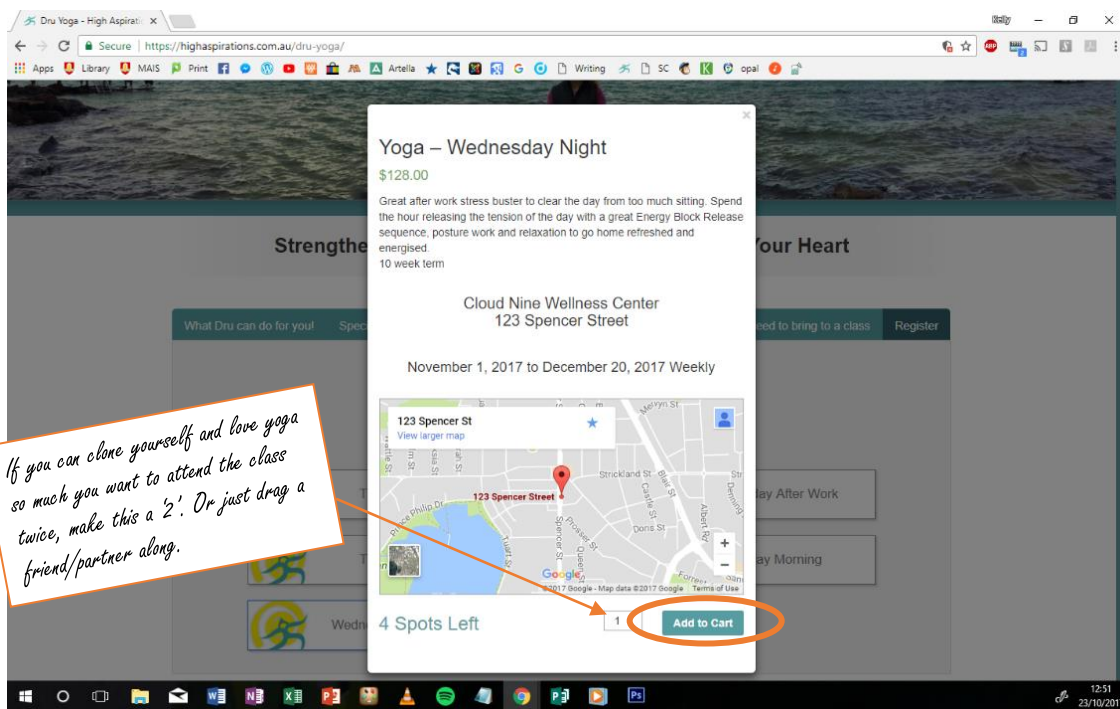
If you’re ready to sign up for a class, click on “Register” (circled above).

If you’re not ready, click on “Register” anyway. The best time to sign up for a yoga class is when you have no time, because yoga is less about bending your body and more about bending the space-time continuum.

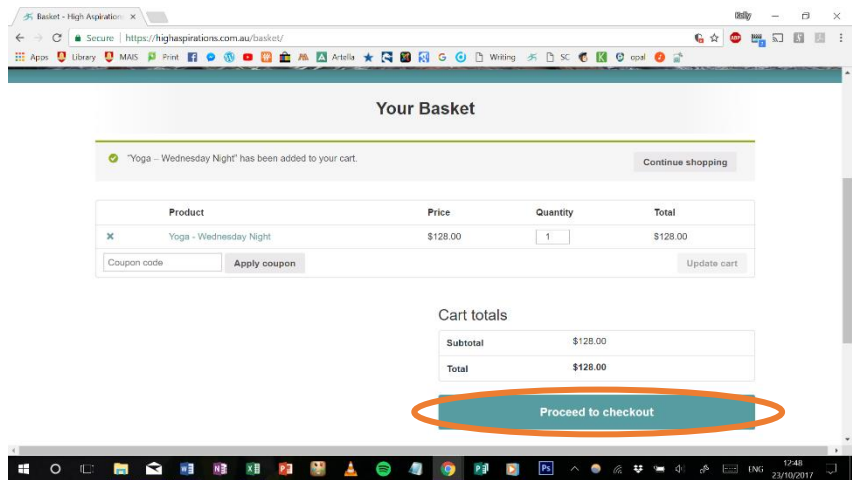
Now you'll see a bunch of buttons for the classes available. Click on the one you want.



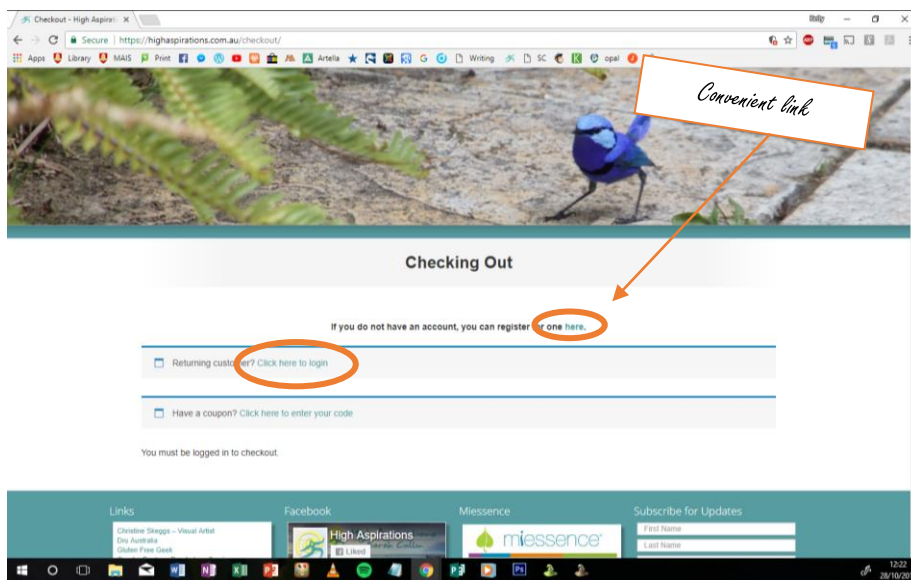
A popup will appear with details, including the available spaces in the class. If you're booking for yourself and a friend, you can book multiple spaces at once by typing in however many spaces you want. Once you've done that, click "Add to Cart".



Okay, you've made a time machine so you can fit yoga in and get all the housework done and pick up the kids and stay late at work and walk the dog and clean up the pot plant the cat tipped over. You'll come to your cart. If the time machine works, click "Proceed to Checkout".



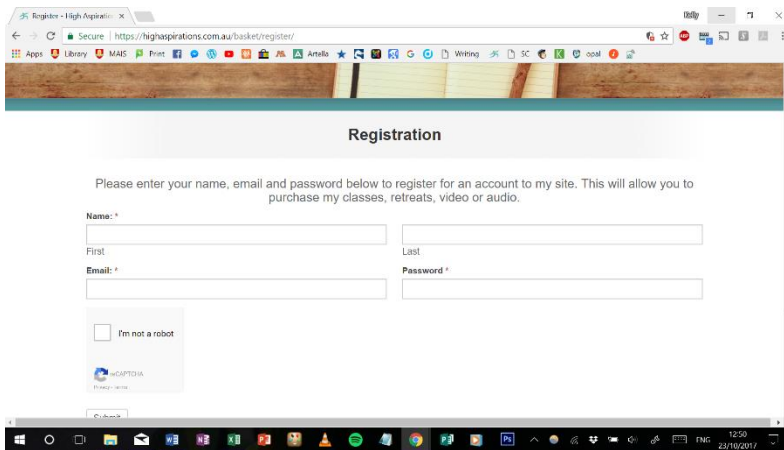
Now, this is the tricky part. If you've signed up for an account before, you click to login. But if you've done this before, you're probably not reading this over-the-top tutorial.



What if you don't have an account? Used to be there was no option for that. You were on your own, questions looming. Had you failed at life? Was this the end of the road as you knew it?

Now there is a convenient link. If only there was such a convenient link to answer all of life's questions. If you're still looking for inner answers, a meditation class might help.

To register, give all your details to the machine. We won't use it for anything inappropriate. Facebook made no such promises.



Once you've registered, you can go back to your cart and continue checking out, which is pretty much like shopping on any other website out on the cat-picture/video-infested interwebs.



Then go to your class and destress from another day spent in front of the computer. Also, if you have figured out how to clone yourself or build a working time machine, please let us know. It feels good to share.

Just like it feels good to sign up for yoga.

